



# Come and Learn with us.

**A FREE EVENT FOR FAMILIES AND CARING ADULTS LIVING IN THE TRI-CITIES WHO ARE PARENTING A CHILD OR YOUTH WITH SUBSTANCE USE CHALLENGES AND OTHER MENTAL HEALTH CONCERNS.**

FamilySmart is excited to bring you the amazing Liz Kay for our Empowering Parents workshop.

## **HIGHS AND LOWS OF CONCURRENT DISORDERS - SUPPORTING PARENTS THROUGH COMPASSION AND KNOWLEDGE**

Liz Kay (MSW, RSW, RCC) has extensive experience working with both youth and adults who struggle with substance use and other mental health concerns. She is the former clinic head of the Provincial Youth Concurrent Disorders Program she was supporting assessments, providing treatment and educating students and mental health professionals around the Province. Liz continues to support youth and families impacted by substance use and mental health concerns through her private practice at Three Story Clinic and through her work at Heartwood concurrent disorders treatment program.

**Highs and Lows of  
Concurrent Disorders -  
Supporting Parents Through  
Compassion and Knowledge**

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**Location: PoCo Inn & Suites  
(1545 Lougheed Hwy, Port  
Coquitlam)**

**Date: Wednesday, April 1st**

**Time: 6:30pm - 9:00pm**

**Cost: Free**

**Registration is required:  
[tricitie empoweringparents.  
eventbrite.ca](http://tricitie empoweringparents.eventbrite.ca)**